



2022 Central Zone Multi-Cultural Meet

June 11-12, 2022

**Co-Hosted by Greater Evansville Swimming Inc, Boonville Aquatic
Dolphins and the Evansville Sports Corporation**

Sanctioned by USA Swimming, Inc, and Indiana Swimming, Inc
Sanction Number IN22180

| | |
|-----------------|---|
| LOCATION | 24 Don Mattingly Way Evansville, IN 47710 |
| FACILITY | <p>The Deaconess Aquatic Center Pool has been certified in accordance with 104.2.2C(4). The water depth at the start end is 12' and at the turn end is 7.5.'</p> <p>The Deaconess Aquatic Center is designed as a 10 lane, 65-meter X 25 yard ranging in depth from 4' to 12'. The 50m lanes are 7.5 ft. wide and along with 6 additional 25 yd. lanes is available for warm-up and warm-down. Seating capacity is 860 and deck capacity is at 1000</p> <p>The Deaconess Aquatic Center is a state-of-the-art facility. It is important that all people attending the meet, swimmers, coaches, and spectators, treat this facility with the utmost care. Anyone caught abusing the facility will immediately be asked to leave the facility. The following rules will be strictly enforced:</p> <ol style="list-style-type: none"> 1. The Deaconess Aquatic Center is a designated as smoke free zones. Smoking is not permitted anywhere in the facility or outside of the facility on school grounds. 2. No food or drinks with the exception of plastic water bottles will be permitted on deck 3. Due to USA Swimming Insurance requirements only swimmers, coaches, officials, volunteers, and parent timers/counters for the distance events are allowed on deck. There are no exceptions. 4. The elevator to the Spectator Seating is for Handicapped only. Anyone caught abusing the facility will be asked to leave. |

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| FORMAT | This meet will be run in LCM and as a time final format. This meet will be Pre-Seeded. No Check-in sheets will be used | | | |
| | Session | Warm-up Start | Check-in Closes | Meet Starts |
| | Saturday & Sunday AM (10 & Under, 11-12) | 8:00 AM | 7:30 AM | 9:00 AM |
| | Saturday & Sunday PM (13-14, 15 & Over) <i>*not before</i> | 12:00 PM* | 12:30 PM* | 1:00 PM* |
| FRIDAY WARM-UP | Facility will be open for warm-ups from 5:00-8:30pm on Friday June 10, 2022. Teams will have assigned lanes. There will be designated start and pace lanes throughout the Friday Evening Warm-up Session. | | | |
| ELIGIBILITY | Swimmer(s) must be registered with USA Swimming to be accepted in this meet (202.2.9 E). Age as of June 11, 2022, shall determine swimmer's age for the entire meet (205.2.2). Indiana Swimming does not process on-site registrations. *Each LSC will determine their athlete standards to choose who may represent their LSCs at this years competition. | | | |
| ENTRIES | <p><u>This meet will be an LSC Entered Meet:</u> There is no limit to how many athletes an LSC may bring or enter by age or gender. *Note the relays (only) are not defined by traditional age groups to allow more athlete participation. As well note the addition of the Mixed Medley Relays to the events on Sunday.</p> <p><u>Entry Limits & Process.</u> Swimmers may enter up to 4 events per day (excluding relays). Entry times should be in Long Course Meters. NTs will not be accepted for this meet. If a swimmer does not have a Long Course Time, please use their fastest time in the event for SCY or SCM. SCM and SCY entries will be considered non-conforming and seeded in the following order LCM, SCM, and SCY. Swimmers are allowed to enter one relay event per day.</p> | | | |
| ENTRY FEES | <p>\$4.00 per individual entry \$6.00 per relay entry \$2.00 surcharge per swimmer entered</p> <p>Entries are to be submitted via email to: Jacob Downs, coachjake.great@gmail.com . A completed and signed Team Summary and payment must be received by the entry deadline.</p> <p>Make all checks out payable to Greater Evansville Swimming, Inc. One check per team. Mail all entry forms and payments to: Greater Evansville Swimming, Inc. PO Box 23172 Evansville, IN 47724</p> | | | |
| MEET ENTRY & DEADLINE | Entry Period Opens April 30, 2022. Entries are due by 5:00pm May 30, 2022. *A Meet Set-up File will be provided to each LSC entry chair. | | | |
| MEET ADMIN | <u>Meet Director</u> Virginia King virginia.king@evsck12.com | | <u>Meet Director</u> Mike Chapman coachchapman@boonvilleaquaticdolphins.com | |
| | <u>Entry Chair</u> Jacob downs coachjake.great@gmail.com | | <u>Meet Referee</u> Edgar Caraballo caraballo.ej@gmail.com | |

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| <p>USA SWIMMING RULES</p> | <p>Current USA Swimming and Indiana Swimming rules, including MAAPT, will govern this meet.</p> <p>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement</p> <p>Coaches and Officials MUST display their current USA Swimming coach credential or Deck Pass to gain deck access. The meet referee and/or meet director reserves the right to ask for coach credential or Deck Pass and/or deny deck access if coach or official does not comply or card is no longer valid/current.</p> <p>In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.</p> |
| <p>COVID RISK STATEMENT</p> | <p>An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.</p> <p>USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</p> <p>BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.</p> |

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| | <p>Safe Sport 360: The Minor Athlete Abuse Prevention Policy prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.</p> <p>All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after [insert date that is 30 days prior to the last date of the actual competition], who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after [insert same date], who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.</p> |
| SWIMMERS WITH DISABILITIES | In accordance with USA Swimming Rules, Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee with specific requests. Please see the additional entry form for submission of swimmers with disabilities in this packet. |
| AWARDS | Top eight finishers in individual events will receive medals, places 9-16 will be awarded ribbons. Medals for the top three placing relays in each event will be given. Team Trophies to the top three teams (combined Men/Women scores) will be awarded. There will be no individual high point awards at this event |
| SCORING | Individual Scoring: 20-18-16-15-14-13-12-10-8-7-6-5-4-3-2-1 Relay Scoring: 40-36-32-30-28-26-24-20-16-14-12-10-8-6-4-2 Only Top Two Finishing Relays from each LSC will score. |
| CLERK | There will be no clerk of Course at this event. |
| SEEDING | LCM times will be used for this event, all events will be seeded slowest to fastest. Non-conforming times will be seeded in the following order LCM, SCM, SCY |

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| RELAYS | Swimmers competing in relays must be entered in at least one individual event. Relay Cards will be distributed to coaches in their team's coach's packet. Relay cards are due prior to the start of each session. LSCs may enter unlimited number of relays, with only the Top Two placing relays from each LSC scoring. |
| STARTS | At the meet referee's discretion, fly-over starts may be implemented in order to ensure that each session is completed in a timely manner. |
| CONCESSIONS | Concessions will be available at the first-floor concession stand. |
| PARKING & ADMISSIONS | Participants and spectators are requested to enter through Main Entrance. There will be an admissions charge \$5.00 for all spectators. Spectators who are 12 & U are free. *Parking is Free (See facility map for parking availability) |
| RESULTS | Final results will be emailed to all participating LSCs following the meet. Meet Mobile heat sheets and results will be available for this event. |
| AUDIO VISUAL | Use of audio or visual recording devices, including a cell phone is not permitted in changing areas, restrooms, or locker rooms. |
| DECK CHANGING | Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. |
| SPECIAL EVENTS | All athletes, coaches & parents will be invited to a celebration dinner banquet on Saturday, June 11 following the conclusion of the afternoon session. A keynote speaker will be part of the evening festivities. More information Coming Soon |
| PICTURES | Team Pictures will be available during the Friday Evening Warm-up Session only. LSCs wishing to have a team picture taken during this session are asked to contact the event organizer, more information on available times, pricing, and photo packets. Information Coming Soon |

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Session 1- Saturday Morning

Warm-ups at 8 am, Meet starts 9 am

| Girls | Event | Boys |
|--------------|-----------------------------|-------------|
| 1 | 11-12 50 Fly | 2 |
| 3 | 10-U 50 Fly | 4 |
| 5 | 11-12 100 Free | 6 |
| 7 | 10-U 100 Free | 8 |
| 9 | 11-12 50 Back | 10 |
| 11 | 10-U 50 Back | 12 |
| 13 | 11-12 100 Breast | 14 |
| 15 | 10-U 100 Breast | 16 |
| 17 | 12 and Under 200 Free Relay | 18 |
| 19 | 10-U 200 Free Relay | 20 |

Session 3- Sunday Morning

Warm-ups at 8 am, Meet starts 9 am

| Girls | Event | Boys |
|--------------|--|-------------|
| 45 | 11-12 100 Fly | 46 |
| 47 | 10-U 100 Fly | 48 |
| 49 | 11-12 50 Free | 50 |
| 51 | 10-U 50 Free | 52 |
| 53 | 11-12 100 Back | 54 |
| 55 | 10-U 100 Back | 56 |
| 57 | 11-12 50 Breast | 58 |
| 59 | 10-U 50 Breast | 60 |
| 61 | 12 and Under Mixed 200 Med. Relay | |
| 62 | 10-U 200 Mixed Med. Relay | |

Session 2- Saturday Afternoon

Warm-ups not before 12 pm, Meet starts 1 hour later

| Girls | Event | Boys |
|--------------|---------------------------|-------------|
| 21 | 15 & O 100 Breast | 22 |
| 23 | 13-14 100 Breast | 24 |
| 25 | 15 & O 200 Free | 26 |
| 27 | 13-14 200 Free | 28 |
| 29 | 15 & O 100 Fly | 30 |
| 31 | 13-14 100 Fly | 32 |
| 33 | 15 & O 200 Back | 34 |
| 35 | 13-14 200 Back | 36 |
| 37 | 15 & O 50 Free | 38 |
| 39 | 13-14 50 Free | 40 |
| 41 | 15 & O 200 Free Relay | 42 |
| 43 | 14 & Under 200 Free Relay | 44 |

Session 4- Sunday Afternoon

Warm-ups not before 12 pm, Meet starts 1 hour later

| Girls | Event | Boys |
|--------------|--|-------------|
| 63 | 15 & O 200 Fly | 64 |
| 65 | 13-14 200 Fly | 66 |
| 67 | 15 & O 100 Free | 68 |
| 69 | 13-14 100 Free | 70 |
| 71 | 15 & O 200 Breast | 72 |
| 73 | 13-14 200 Breast | 74 |
| 75 | 15 & O 100 Back | 76 |
| 77 | 13-14 100 Back | 78 |
| 79 | 15 & O 200 IM | 80 |
| 81 | 13-14 200 IM | 82 |
| 83 | 15 & O Mixed 200 Med. Relay | |
| 84 | 14 & Under Mixed 200 Med. Relay | |

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Team Summary & Release Form

Summary of Fees

Individual No. of Entries _____ @ \$4.00 ea. = _____

Relays No. of Entries _____ @ \$6.00 ea. = _____

Total # of Swimmers _____ @ \$2.00 ea. = _____

Total Meet Fees _____

Name of LSC: _____

Coaches Attending: _____

Mailing Address: _____

Contact for Entries: _____

Phone: _____ Email: _____

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This signed release must accompany entry or entry will not be accepted!

PLEASE READ CAREFULLY. THIS DOCUMENT EFFECTS YOUR LEGAL RIGHTS AND IS LEGALLY BINDING. BY SELECTING YES TO THIS AGREEMENT, YOU ARE RELEASING THE YOUNG MEN’S CHRISTIAN ASSOCIATION OF SOUTHWESTERN INDIANA, INC. (“YMCA,”), GREATER EVANSVILLE SWIMMING (GREAT), BOONVILLE AQUATICS (BOON) and the City of Evansville FROM ALL LIABILITY AND FOREVER GIVING UP ANY CLAIMS THEREFORE

Assumption of Risk

I acknowledge and agree that any use of YMCA facilities, services, equipment, and premises (“Facilities”) and any participation in YMCA programs and activities (“Programs”) comes with inherent risks including, but not limited to: (1) personal injury, (2) property damage, (3) disability, (4) death, and (5) sickness or disease. I voluntarily accept and assume full responsibility for these risks as well as any and all other risks of the use of Facilities and participation in Programs. I agree that I have full knowledge of the nature and extent of all such risks and am not relying on all such risks being specifically described in this document.

Waiver, Release, Indemnification & Covenant Not to Sue

In consideration of the use of Facilities and participation in Programs I, the undersigned, agree that the YMCA, GREAT & BOON, their officers, directors, agents, employees, volunteers, insurers and representatives (“Releasees”) shall not be liable for any personal injury, property damage, disability, death, sickness or disease – including a defined “communicable” disease and/or within an epidemic/pandemic environment, as determined by federal, state, and local health authorities -- by myself, my family members, dependents, or guests, including minors, however occurring including, but not limited to the negligence of Releasees. I understand that I will be solely responsible for any loss or damage, including personal injury, property damage, disability, death, sickness, or disease sustained from the use of Facilities and participation in Programs.

I further agree, on behalf of myself and any and all legal successors and proxies, to release and **HEREBY DO RELEASE, WAIVE AND COVENANT NOT TO SUE** Releasees from any causes of action, claims, suits, liabilities or demands of any nature whatsoever including, but not limited to, claims of negligence, which I and any and all legal successors and proxies may have, now or in the future, against Releasees on account of personal injury, property damage, disability, death, sickness, diseases or accident of any kind, arising out of or in any way related to the use of Facilities or participation in Programs, whether that participation is supervised or unsupervised, however the injury or damage occurs, including, but not limited to the negligence of Releasees.

In further consideration of the use of Facilities and participation in Programs, I agree to **INDEMNIFY, DEFEND AND HOLD HARMLESS** Releasees from any and all causes of action, claims, demands, losses, suits, liabilities or costs of any nature whatsoever, including claims of negligence, arising out of or in any way related to the use of Facilities and participation in Programs by myself, my family members, dependents or guests, including any minors.

Signature _____ Date _____

Print Name _____

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Warm-Up Procedure

A. WARM-UP PROCEDURES

Friday Night Warm-up will be assigned lanes with designated Start and Pace lanes throughout the entire session.

General Warm-up Saturday and Sunday

1. All warm-up lanes will be assigned by team, and each team is allowed to do as they wish with their warm-up lane during the warm-up period.

B. SAFETY GUIDELINES

1. Coaches Responsibilities

- a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
- b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.

2. Host Team Responsibilities

- a. Marshaling
 - 1) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
 - 2) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
- b. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
- c. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area.
- d. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
- e. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

3. Miscellaneous:

- a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
- b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start, Unless directed by meet officials.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
- e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

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OFFICIALS

We would appreciate the help of any officials who would like to work this meet. If you have any officials who will work the meet, please list their names below. It would help if you listed their level of certification, along with the session(s) they will work. Please return this form with your entry.

| Name | Phone # | Level of Certification | Sat AM | Sat PM | Sun AM | Sun PM |
|------|---------|------------------------|--------|--------|--------|--------|
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Central Zone Multi-Cultural Swim Meet Landing Page

Click Here: [Evansville Sports Corporation](#)

Here you will find the Meet Announcement, Timelines of Events, Deadlines & a Welcome Letter Including:

- Information about the city (places to go, things to do, places to dine, etc.)
 - Facility information (including directions & facility maps)
 - Hotel information

Hotels

Evansville Hotel Courtesy Blocks

Visit Evansville has help set up courtesy blocks to 3 hotels for all Multi-Cultural Meet Athletes, Families, Coaches & Officials. Please also keep in mind that the deadline to book within these blocks is May 20th, 2022.

[Fairfield Inn & Suites Evansville West](#)

[Holiday Inn Express Evansville East](#)

[Hampton Inn Evansville Airport](#)

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**MEET PROCEDURES FOR
INCLUSION OF SWIMMERS WITH
DISABILITIES**

1. Swimmers with disabilities may compete without having achieved the qualifying standard for their age group. However, they must provide a time for each event they enter. Swimmers with disabilities shall be highlighted on the hard copy of the LSC's meet entry. Classification of a swimmer with a disability is irrelevant. LSCs must use the attached form to enter a swimmer with a disability.
2. Swimmers with disabilities may compete in finals, earn awards, and score points for their team in the same manner as the able-bodied swimmers. No special awards are necessary.
3. It is the responsibility of the swimmer, or his/her coach, to inform the Meet Referee of any disability-related accommodations he/she may need to compete. This information must be given in advance of the meet. The Meet Referee shall inquire about the swimmer's needs and determine any modifications that may be required. This information shall be relayed to the starter and stroke and turn judges. Visually impaired swimmers who require tappers must bring their own devices and individuals to use them.
4. Aside from the norm, the Meet Referee has the ability to seed the swimmer with a disability in a number of ways. These options include seed the swimmer with others of the appropriate gender, allowing the swimmer to complete half the distance of their age group (swim the 100m backstroke during the 200m race), or swim with a younger age group where their entry time is similar to the able-bodied swimmers for the same distance (a 14 year old swimmer with a disability could swim the 100 freestyle with the 9-10 age group). The final meet results should show the swimmer with a disability listed in the correct age and event, regardless of where he/she actually competed. The Meet Referee may reassign the lane of a deaf swimmer if a required view of the strobe light is obscured, and the light cannot be repositioned.
5. It is the responsibility of the USA Swimming Disability Chair to provide the Meet Referee with current American Records for swimmers with disabilities. It is the swimmer's responsibility to complete and submit an application for an American Record should one be set.

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**APPENDIX F:
SWIMMERS WITH A DISABILITY ENTRY FORM**

Athlete Name: _____ Athlete's LSC: _____

USA Swimming #: _____

Swimmer email address: _____ Swimmer phone #: _____

Name of person completing this form: _____

Email address: _____

Phone #: _____

Please enter events below. The maximum number of events for swimmers is six (6) events. Please indicate the swimmer's preference regarding seeding of their entry for each event. Please note that changing age groups may change the session that the swimmer swims. Changing the distance may affect the date on which the swim occurs. Take these factors into consideration when selecting the seeding procedure for each event listed below. The Meet Referee has the final decision regarding seeding procedures.

Disability-related accommodations: _____

| EVENT # | EVENT DESCRIPTION | ENTRY TIME | SEED WITH AGE GROUP (same age, same distance) | SEED WITH DIFFERENT DISTANCE (same age, different distance) | SEED WITH COMPARABLE TIME (younger age, distance depends on entry time) |
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